

Friday, January 17	
6:30 PM	Registration/check-in & Dinner available for players (Hilton Mesa)
8:30 PM	Welcome Meeting for all Players and Parents (Hilton Mesa)
10:00 PM	CURFEW

Saturday, January 18			
6:30 AM	Breakfast buffet opens for ALL players & staff		
8:30 AM	Buses depart for Gene Autry Sports Complex (<i>ALL players in full uniform</i>)		
9:00 AM	ALL teams stretch and 60 yard dash (Field #3)		
9:15 AM	ALL teams - hitting talk with JJ (Field #3)		
	AUTRY #2	CAGES	AUTRY #3
9:45 AM	Defense/Arm Strength [A's]	Cage Work [Cardinals]	Batting Practice [Rays]
10:30 AM	Defense/Arm Strength [Rays]	Cage Work [A's]	Batting Practice [Cardinals]
11:15 AM	Defense/Arm Strength [Cardinals]	Cage Work [Rays]	Batting Practice [A's]
12:00 PM	Lunch		
1:00 PM	Brief Stretch & Throw - Fields 2 & 3		
	AUTRY #2	AUTRY #3 / CAGES	
1:30 PM	GAME: A's vs Cardinals - 3inn	Cage Work [Rays]	
2:15 PM	GAME: Rays vs A's - 3inn	Cage Work [Cardinals]	
3:00 PM	GAME: Cardinals vs Rays - 3inn	Cage Work [A's]	
6:00 PM	Dinner - for players and staff (Hilton Mesa)		
7:00 PM	Hitting/Pitching Powerpoint/Baseball IQ - players (parents welcome) (Hilton Mesa)		
10:00 PM	CURFEW		

Sunday, January 19			
6:30 AM	Breakfast buffet opens for ALL players & staff (<i>players can pick up laundered uniforms</i>)		
8:30 AM	Buses depart for Gene Autry Sports Complex (<i>ALL players in full uniform</i>)		
9:00 AM	ALL teams stretch		
9:30 AM	Individual defense Catchers/Outfielders (Field 2) Infielders (Field 3) Pitchers (Bullpen Mounds)		
	AUTRY #2	CAGES	AUTRY #3
10:10 AM	Def Reps/Pop Up Priority [A's]	Tee/Drill Work [Cardinals]	Batting Practice [Rays]
10:40 AM	Def Reps/Pop Up Priority [Rays]	Tee/Drill Work [A's]	Batting Practice [Cardinals]
11:10 AM	Def Reps/Pop Up Priority [Cardinals]	Tee/Drill Work [Rays]	Batting Practice [A's]
12:10 PM	Lunch		
1:15 PM	Baserunning (Field 2) Sliding (Field 2 - OF) Agility (Field 3) - Teams Rotate every 20 minutes		
2:15 PM	Brief stretch and throw		
	AUTRY #2	AUTRY #3 / CAGES	
2:30 PM	SIMULATED GAME: A's vs Cardinals - 3inn	Cage Work [Rays]	
3:15 PM	SIMULATED GAME: Rays vs A's - 3inn	Cage Work [Cardinals]	
4:00 PM	SIMULATED GAME: Cardinals vs Rays - 3inn	Cage Work [A's]	
6:00 PM	Dinner - for players and staff (Hilton Mesa)		
7:00 PM	Recruiting Seminar - players and parents (Hilton Mesa)		
10:00 PM	CURFEW		

Monday, January 20		
6:30 AM	Breakfast buffet opens for ALL players & staff (<i>players can pick up laundered uniforms</i>)	
8:30 AM	Buses depart for Gene Autry Sports Complex (<i>ALL players in full uniform</i>)	
9:00 AM	Stretch, Throw - Fields 2 & 3	
	AUTRY #2	AUTRY #3 / CAGES
9:30 AM	GAME: A's vs Cardinals - 3inn	Batting Practice [Rays]
10:15 AM	GAME: Rays vs A's - 3inn	Batting Practice [Cardinals]
11:00 AM	GAME: Cardinals vs Rays - 3inn	Batting Practice [A's]
12:00 PM	Closing Comments & lunch - Gene Autry Sports Complex	
2:00 PM	ALL players must check-out of Hilton Mesa - Bus departs for Phoenix Sky Harbor Airport (for players traveling alone)	